**Personal Care**

**\*Those who want to succeed/place high we strongly recommend purchasing the book(s)\***

Overview:

<https://www.youtube.com/watch?v=p2NTQD-VPmk>

NO PRACTICE AID

Skills Aid:

<https://www.youtube.com/playlist?list=PLh9Xm6npzKiUXp_CHwqLfuGFCCFmEe8LD>

<https://quizlet.com/170550345/hosa-personal-care-hand-washing-flash-cards/>

<https://quizlet.com/170550563/hosa-personal-care-making-a-closed-bed-flash-cards/>

**Books:**

• Simmers, L., Simmers-Narker, Simmers-Kobelak. DHO: Health Science. Cengage Learning, Latest edition.