**Life Support Skills**

**\*Those who wish to succeed/place high we strongly recommend purchasing the book(s)\***

Overview:

<https://www.youtube.com/watch?v=VXYGgSRTXgg>

NO PRACTICE TEST

Skills Aid:

<https://www.youtube.com/playlist?list=PLIE3kIhi-lg7eRgJYYRWpG3puCdTzP2Ho>

**Books:**

* American Heart Association, BLS. Channing L. Bete Co., Inc., 2015.
* American Heart Association, Heartsaver First Aid/CPR/AED, Channing L. Bete Co., 2015.
* Simmers, L., Simmers-Narker, Simmers-Kobelak. DHO: Health Science. Cengage Learning, Latest edition. 4. Each competitor will be evaluated on his/her